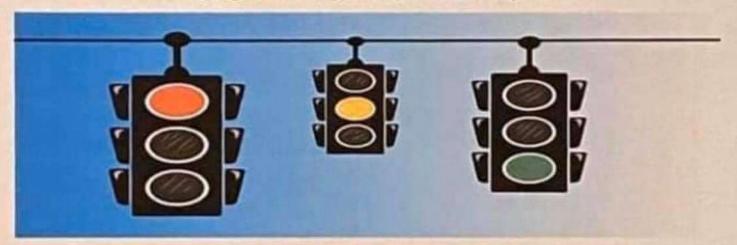
SOCIAL DISTANCING:

What does it mean?

Social distancing is the practice of reducing close contact between people to slow the spread of infections or diseases. Social distancing measures include limiting large groups of people coming together, closing buildings and cancelling events.



AVOID Use Caution Safe to DO Visit a local Restaurant **Group Gatherings** Take a Walk Go for a Hike Sleep Overs Visit Grocery Store Yard Work Playdates Get Take Out Play in your Yard Pick up Medications Concerts Clean out a Closet **Theatre Outings** Play Tennis in a Park Read a Good Book Visiting the Library **Athletic Events** Listen to Music Church Services Crowded Retail Stores Cook a Meal Traveling Family Game Night Malls Go for a Drive Workouts in Gyms **Group Video Chats** Visitors in your House Stream a favorite show Non-essential workers in Check on a Friend your house Check on Elderly Neighbor **Mass Transit Systems**